"Don't Believe a Word I Say" by Gregg Standridge, Terry Ware, John Hadley and Debby Kaspari

Don't believe a word I say
When I tell you I don't need your help today
I am young and bullet proof
Nothing getting in my way
Don't believe a word I say

I never meant to rob and steal from you It was the last thing I ever wanted to do I never had a fever I couldn't chase away Don't believe a word I say

Now I'm locked out on the street
The alley where the liars meet
Not an honest soul do I see
I'd admit that I've done wrong
This is not where I belong
That's the first thing that I've said that I believe

I'm just trying to find a little grace
I was hoping I could find some hiding there behind your face
If I ask you to forgive me
And you can't forgive me
And I tell you that's alright, I'll be okay
Don't believe a word I say
Don't believe a word I say